MY SUCCESS STORY By E. Pestana

"Eight months before starting "Improve Your Aim" I was retrenched. Up until then I had always been successful and organised. Then the bottom fell out of my world!! My world being work and the constant striving for success. From being constantly busy I found myself totally bored and not enjoying the demands of being a housewife and full time mom.

My whole attitude change – I became totally unfocussed, picked up a considerable amount of weight and just could not organize my life. The jobs on offer were not good enough or just did not seem to catch and hold my attention; in fact I lost my motivation to get out there and make things happen. After reading about "Improve your Aim," it in fact still took me another eight weeks to contact Linda.

I shudder to think where I would be if I hadn't made that call. After our first meeting I knew exactly what I had to do. It has been great. I have regained my self-confidence, rejoined the gym and once again became the organised person I was.

An added bonus was realising I had not yet reached my full potential and that my dreams can come true. Thank you Linda, not only for the "Improve Your Aim course,' but also for the realization that we can be whatever we want to be.

I would also just like to add that "Improve your Aim" course has not only done wonders for me also for my relationship with my son of nine, who has Attention Deficit Disorder. Using the "Improve your aim" principles, our relationship has undergone major changes and it has been wonderful to see his transformation and at school.

Motivation is a big word for a little person but without it, we cannot grow and achieve.

Thanks once again. I will continue to AIM".

FOOTNOTE.

Elizabaeth joined AIM as a Consultant